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## Healthwatch Norfolk Live



Senior officials from Norfolk's health and care structure will be explaining how they working more closely to help give people in Norfolk the chance to shape their ow care at Healthwatch Norfolk Live.

There will also be the chance to get an update on our work, meet people from a range of health and social care organisations, and hear from GP and author Dr Richard Pile about his holistic approach to health.

You can find out more about the event and book free tickets via the links below.

[Read more about Healthwatch Norfolk Live](#)

[Book your free Healthwatch Norfolk Live tickets](#)



## News



### Care back in the spotlight

The arrival of Rishi Sunak and Liz Truss in Norfolk this week as part of the Conservative Party leadership campaign has seen the spotlight fall on health and social care.

Health Secretary Steve Barclay was urged to mend the problems with the county's healthcare by the

Eastern Daily Press. You can [read more here](#)



### **Where are future health and care staff coming from?**

In his latest blog, our chief executive Alex Stewart considered studies predicting concerns about GPs staying in the profession. He looked at the issue and questioned what work is being done to prepare a plan to deal with increased staffing shortages. You can read the full article [by clicking here](#)



**Public meetings about QEH plans**

Three public meetings are being held giving you the chance to hear more about the ongoing campaign for a new hospital, and proposals for a new multi-storey car park. Two will be in-person and on Zoom to ensure as many people as possible get the opportunity to participate. Find out more [by clicking here](#)



### **New programme to boost mental wellbeing for the young**

A new programme has been launched to help young people with their mental wellbeing encouraging them to get active while also learning about sleep, diet and mindfulness. It has been put together by the Norfolk and Suffolk NHS Foundation Trust working with the Ipswich Town Foundation. Read more [by clicking here](#)



**Questions**



## Calling all Little Researchers

We are in the last few days of our Little Researchers campaign. This is the chance to find out what Norfolk's youngest residents think about their doctor, hospital or the care they get. We have had feedback sent to us, and children have been getting creative when they have seen us around the county. Find out more [by clicking here](#)

## What do you think about the Norwich Walk-In Centre?

Healthwatch Norfolk is working with the Norwich Walk-In Centre to find out what people think about the service. What are your experiences, and were your expectations about care and support met?

You can find out more, which includes a link to give your views, [by clicking here.](#)



Thank you

We had a fantastic response to our project asking people across Norfolk about how much of a say they have at their GP practice and if they were part of a patient participation group. Our analysts are now going through the hundreds of responses in detail and we will publish a report about what we found in the autumn. Meanwhile, we found out more about the patient participation group at Thorpewood Surgery. [Click here](#) to watch an interview with one of their members.



## **Carers Voice wants to hear from you**

Are you an unpaid carer in Norfolk? Would you like to raise issues, hear about information and advice that could be relevant to you, and meet others in an online meeting? Carers Voice holds regular Zoom meetings. To find out more, [just click here](#)



## **Explore the history of the Norfolk and Norwich**

The 250th anniversary of the Norfolk and Norwich University Hospital is being celebrated with a series of special events at The Forum. An exhibition will take you through its story from 1772 to the present day with lots of artefacts and displays, plus free talks on different aspects

of the hospital's story. Find out more and book free tickets for the talks via our page about the exhibition [by clicking here](#).



## **A busy summer for Healthwatch Norfolk**

We have been out and about across August. As well as our usual engagement visits to GP practices and health settings, we have also been visiting a number of community events to tell you more about us and gather your feedback. You can check where we are heading in person [by clicking here](#).

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