

Beeston Regis only has 300 metres of beach, accessible from Sheringham, West Runton and by a solid wooden staircase kindly supplied by the caravan park.



The beach is quite sheltered and suffers badly if there is a cold northerly wind, like most North Norfolk beaches. But on a warm July afternoon.....



Tide times are very similar to those of Cromer and these can be accessed from:
<http://www.tidetimes.org.uk/cromer-tide-times>.