

Mental Health Support in North Norfolk, Groups in 2023

Norfolk and Waveney Mind have a new dedicated service for 18-25 year olds, provided holistic, non-clinical mental health and wellbeing support on a referral basis.

Part of this new work will be looking at establishing groups around North Norfolk, which provide opportunity for peer support, socialising and professional support for this 18-25 age range. We are hoping to run a short, online focus group on Wednesday, open to any 18-25 year old who lives in North Norfolk.

18-25?



Living in North Norfolk?

Online focus group open to all 18-25 year olds living in North Norfolk to help co-create the new groups we will be running in 2023!

21.12.22 at 16:00 - ONLINE

If you want to come along please contact either:

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